

EZ-AIR[®] LIGHT

TEACHES IDEAL BREATHING



Cycles every 11 seconds to provide
a breathing cycle of 5.5 breaths/min.

Follow the brightness of the light:

Dark to full brightness: Breathe in for 3 seconds

Light blinks: Hold Breath for 1/2 second

Full bright to dark: Breathe out for 6.5 seconds

Dark: Hold breath out for 1 second

Connects to either a PC USB port or a USB a.c. adapter

Also functions as a 3 port USB 2.0 hub

CALL FOR MORE INFORMATION: 1-800-361 3651

 **Thought Technology Ltd**
www.thoughttechnology.com